



## *SUITE LIFE*

**By: Melissa Howsam**

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Offering a level of comfort, privacy and safety unique to Philadelphia, Claytor Noone Plastic Surgery by Dr. Brannon Claytor, Chief of Plastic Surgery at Main Line Health, has opened a brand new private surgical suite for cosmetic procedures. With panoramic views of Bryn Mawr Hospital, the AAAASF-certified\* state-of-the-art cosmetic surgery center is patient paradise: easing recovery time in a serene, private patient-focused setting, where care is personalized and discrete—with expedited recovery and under local anesthesia. Here, Claytor gives us the 411.

### **What makes the surgical suite unique?**

The center houses state-of-the-art equipment, including SmartLipo, PrecisionTX and Silhouette InstaLift face-lift. We offer the convenience and luxury of a private single-use operating room and follow-up care with intense pulse light (IPL) treatments, which dramatically improve recovery from bruising, all allowing an earlier return to daily activity or work, usually within one week.

### **Many procedures are performed under local anesthesia?**

Sustained release medications such as Exparel can deliver 72 hours of postoperative relief. There are no side effects from local anesthesia, and our patients are up and ready to recover at home following their procedures. They recover quickly and know I am only a phone call away (all patients have my cell and receive a call before and after the procedure).

### **Why should patients choose you?**

Many qualified board-certified plastic surgeons are in the Main Line area; however, in my 15 years in practice, I have established a track record of helping patients achieve their goals

through minimally invasive surgery and fast recovery protocols via a team of compassionate, caring, intelligent providers focused on a concierge experience. We aim to help patients clarify their goals and create a treatment plan that identifies and meets them.

### **Here, spy a host of options on offer—all with local anesthesia, rapid recovery—and exceptional results:**

**TIGHTER ARMS** Spring is for sundresses. Tone up via Claytor's top arm offerings. SmartLipo's combined laser treatments can be used to tighten skin and improve the contour of arms. Or, in patients with massive weight-loss and excessive skin, a brachioplasty (arm-lift) can improve the shape and contour of the upper arm.

**TIGHTER TUMMY** Very few area surgeons perform the drainless tummy tuck, an advanced modification of the traditional tummy tuck that leaves the lymphatic system in place to eliminate postop fluid buildup—thus less pain and no drains. A master of the procedure, Claytor also teaches it to other plastic surgeons at national plastic surgery meetings.

**TIGHTER FACE** Swap sags for lifted, youthful skin with Claytor's en-suite face-lift, where loose skin is removed, and unwanted wrinkles are smoothed. Or, spring for the dual-action lift combo that lifts and regenerates collagen. Using the Silhouette InstaLift, Claytor has pioneered the Hybrid InstaLift Technique (HILT), allowing for one-day recovery and significant improvement of facial aesthetics.

\*American Association for Accreditation of Ambulatory Surgery Facilities